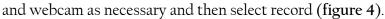
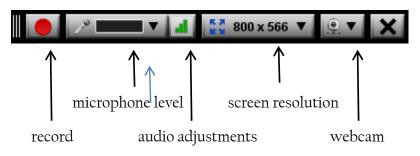
Instructions on using Screencast-o-matic:

- 1. Go to the URL: www.screencastomatic.com.
- 2. Log-in (it's free to sign up for a new account).
- 3. Click on the start recording button (figure 3 right).
- 4. Adjust the screen resolution, microphone input, audio levels



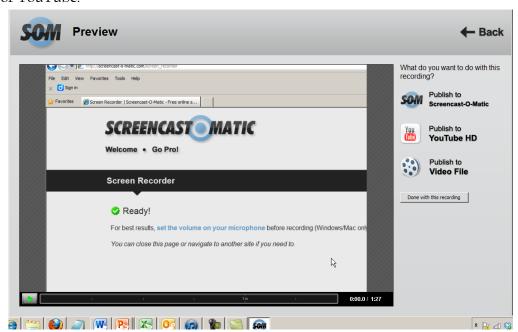




5. During recording the status bar keeps time and allows you to pause, restart or finish your presentation.



6. After selecting done, a preview of the presentation will appear. At this point, you may choose to re-record your presentation (*Back button*) or to publish your screencast to either SOM or YouTube.



- 7. The next screen allows for the user to enter a title for the presentation, a description, notes and captions (right). Notes and captions are discussed in detail on the site itself if you are interested in more information. When complete select the button upload to SOM.
- 8. The screencast with process at the next step. A URL is generated. Click on the URL to enter the information screen.
- 9. At the top of your new screen is a preview of your video. If you scroll down, on the left hand side there are two options: share link and embed code. The embed code is convenient for wikis. Copy the share link provided using the right-click option of your mouse.

